

FRIDAY

WIND AND WAVES GAME

Have your child pretend to be in a boat (laundry hamper, bed, couch, etc.) that is being tossed about by the wind and waves. For more fun, give him/her something loud to shake (like boxes of macaroni or beans in a small container) to be the rain. Before you begin, tell your child that they need to pretend that they are in a wild storm until you yell, "Peace, be still!" When you yell that, everyone has to freeze. Play this as many times as your child is interested!

SUPPLIES NEEDED

- A pretend boat
- Rain Shakers