

FRUIT OF THE SPIRIT

GOD CARES FOR YOU
1'S - WEEK 1



MONDAY

THANK YOU GOD FOR OUR FOOD!

During a meal or snack time, help your child thank God for their food. Tell your child that God gives us everything we need, like the food we eat. With each food item you give them, say, "God gives us (the name of the food you are handing them)! Thank you God for (the name of the food)!"

SUPPLIES NEEDED

- Food for a snack or meal