

FRUIT OF THE SPIRIT



ABRAHAM AND SARAH - WEEK 1

ACTIVITIES	RECOMMENDED TIME ALLOTMENT
Free Play / Restrooms	15-20 minutes
Welcome	3-5 minutes
Song Time	7 minutes
Bible Story	5-7 minutes
God's Animal**	10 minutes
Bible Verse (WK 1) **	7 minutes
Group Game **	10 minutes
Craft**	10 minutes
TOTAL	67-76 minutes

In the event of time constraint where activities need to be cut, the highlighted activities are of the highest importance.

** These activities can be done as a large group, small group, or rotating centers.

ADDITIONAL RESOURCES

- Veggie Tales
- Miss Carol Songs/Stories
- Eggward Learns Patience

FRUIT OF THE SPIRIT



ACTIVITY GUIDE

WELCOME

- Gather the children to their groups or rows and welcome them.
- Go over class rules and/or the visual schedule (if applicable to your campus)
- Transition into song time

SONG TIME

- Play "Father Abraham," while you encourage the kids to dance and sing along!

BIBLE STORY

- Transition the children back to their groups or rows and let them know it is time for our Bible lesson.
- Play or read the "Abraham and Sarah" Bible story.
- Talk about how Abraham and Sarah had to have patience and trust in God's promises.

GOD'S ANIMAL - THE STARFISH (SMALL GROUP/CENTER 1)

- Tell the children that it is time to learn about one of God's animals. Let them know that we are going to learn about the starfish and how they have lots of patience!
- Play the video for the children.
- When the video is done, have the children line up against a wall (or just in a line) and spread the seashells out on the ground all around the area. Tell the kids that they are going to go get their seashell "food," but that they have to wait and be patient until you say go. Make the kids wait a bit before you say go, then have them race around to pick up all the seashells!
- You could maybe count down from 10 the first round, then from 20 the second round, and so on, having them wait longer each time. Praise them for being so patient!

FRUIT OF THE SPIRIT



ACTIVITY GUIDE CONTINUED

MEMORY VERSE SCRAMBLE (SMALL GROUP/CENTER 2)

- Hold up the Bible verse page and go over what each picture means with the children. Have them repeat it after you a few times.
- When you feel like the kids know the verse pretty well, lay out the hopscotch rings and place the memory verse pictures under each "single ring" space.
- Show the kids how they can hop through the rings. Every time they land on a picture, have them say the word associated with the pictures.
- Let them go through as many times as they would like!

GROUP GAME (SMALL GROUP/CENTER 3)

- Together as a class or in small groups, play the "Egg and Spoon Game."
- To play, give each child a plastic spoon with an egg on it.
- Tell the kids that they have to spin around in circles holding their spoon, but that they cannot drop their egg!
- If you have a larger space, you could make a start and finish line so that they can walk with their eggs from one line to the other.
- While they play, remind them that it is best if they are patient and do not go fast so that they don't drop their egg!

CRAFT TIME (SMALL GROUP/CENTER 4)

- Follow the instructions on the "Craft Guide" page.

FRUIT OF THE SPIRIT



CRAFT GUIDE

CRAFT

Today we are learning about God's promise to Abraham with a fun star craft!

SUPPLIES NEEDED

- Sky craft page with attached glue dots (1 per child)
- Pompoms (7 per child)

STEPS

1. Hand each child the sky craft page with the glue dots already attached to the star spaces.
2. Have the kids peel off the wax paper and stick the yellow pompoms to each star space.
3. Talk with the kids while they work about God's promise to Abraham and how God always keeps his promises!

